

2. Inter Class Competition on “Mini Marathon Running “ for Boys and Girls

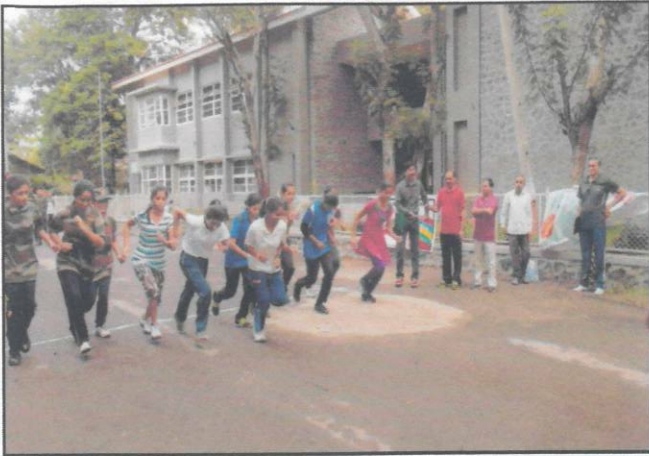


Under the banner of Saptdhara Yoga Vyayam ane Khelkud Dhara an inter class Mini Marathon running competition was organized on 14th August 2016. Games and Sports are a necessary part of education. The aim of education is physical , mental and moral development of a student. A sound body contains a sound mind. If body is weak, mind can never be strong. Sports and games are not mere physical activities alone. They play a more significant role in making students confident and adaptable. Sports and games make you more fit. Playing games increase concentration power. 2 students participated in the event.



Vice Principal Dr.T.G.Gohil told student can build their health and body by playing games which provide exercise in the open and fresh air. Sports inculcate good values. So sports competitions are held at college level. Yoga Vyayam ane Khelkud dhara Convener Prof.M.B.Patel told Sports and game built the quality of leadership character.level Sports evoke a sense of fair play in one’s life. Person becomes positive thinking.





Among Girls competitors, Nita N.Patel was the first winner, Dhvani n.Patel was the second the winner and Hani M.Patel was the third winner of the Competition. Prof.M.B.Patel and Prof.Bhavin Patel rendered their service as a referees of the Competition. At the end of the Competition all Participants were awarded with certificates for participation.



Among Boys competitors, Satish R.Gavit won the first prize, Harpreet R.Sandhu won the second prize and Kartik K.Tiwari won the third prize of the Competition. Prof.M.B.Patel and Prof.Bhavin Patel rendered their service as a referees of the Competition. At the end of the Competition all Participants were awarded with certificates for participation.



Prof. Tushar Desai, Dr. Kirenben Desai, Dr. S. M. Patel and Rajubhai Solanki work hard to make the event successful. Under the able guidance of Principal Dr.Vikas Desai and Vice Principal Dr.T.G.Gohil the Saptdhara Competition was organized. This help to make the mini marathon running Competition a grand success.



Dhu
Principal,
B.K.M. Science College,
Valsad, Gujarat, India,

3. Inter Class Competition on “Bedmenton” for Boys and Girls

Inter Class Bedmenton (Boys and Girls) Competition was organized Saptdhara Yoga Vyayam ane Khelkud Dhara on 16th August 2016 at college campus. Sports are practically important for youth .They help in their physical and mental growth. Sports inculcate good values. So sports competitions are held at college level. Sports and game built the quality of leadership character. Games and sports make us fit, active, fresh and social. They teach us a lesson of cooreratin duty and dicipline. They teach us a lesson of brotherhood and national unity. Two students were participated in the event.


Principal Dr. Vikas told “Health is Wealth’ is an old saying. The student can build their health and body by playing games which provide exercise in the open and fresh air. All work and no play makes Jack a dull boy. Vice Principal Dr. T. G. Gohil told good health is blessing of god. Healthy person can think properly act promptly and work persistently. Yoga Vyayam ane Khelkud dhara Convener Prof. M. B. Patel and Dr. A. N. Solankee Saptdhara Coordinator Congratulate all participant for participation in the event

Among Boys competitors, Kushal U. Desai was the first winner, Harpreet R.Sandhu was the second winner and Kartik K.Tiwari was the third winner of the Competition. Prof. M. B. Patel and Prof. Bhavin Patel rendered their service as referees of the Competition. At the end of the Competition all Participants were awarded with certificates for participation.

Among Girls competitors, Aditi D. Patel won the first prize, Monti M. Tandel won the second prize and Hani M. Patel won the third prize of the Competition. Prof. M. B. Patel and Prof. Bhavin Patel rendered their service as referees of the Competition. At the end of the Competition all Participants were awarded with certificates for participation.

Tushar Desai, Dr. Kirenben Desai, Dr. S. M. Patel and Rajubhai Solanki work hard to make the event successful. Principal, Vice Principal, teaching faculty and the administrative team together worked in unison and coordination to successfully conduct the program.




Principal,
B.K.M. Science College,
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